

# Ardtully Care Home Monthly Newsletter

Station Lane, Ingatestone CM4 0BL

Our boutique luxury home delivering individual care for our residents



## Launch Of Our First Dementia Cafe

We are incredibly proud to have launched our own Dementia Café in partnership with Elim Church. Here are a few photos from our very first Dementia Café, which was a wonderful success. We look forward to hosting many more each month, with a variety of activities and talks from local guest speakers. Our café is completely free and has been created to support our local community and provide a welcoming space for everyone affected by dementia.



# Singing For The Brain Event At Chelmsford Cathedral

We had a wonderful outing to Chelmsford Cathedral with our two sister homes, Old Shenfield Place and Weald Hall, to take part in the large organised "Singing for the Brain" event hosted by the Alzheimer's Society.

We thoroughly enjoyed the music and loved singing along to all the familiar songs. A huge thank you to everyone involved in organising such a fantastic event - we all had a fabulous time!



## Some Of Our Favorite Pictures This Month

We love seeing the happiness in our residents faces whilst having visits from family, being seen by the optician or on our trips out. They give us such joy.



*Dates For Your Diary*

5<sup>th</sup> & 19<sup>th</sup> June Hylands Park  
10th June Ingatestone Hall  
24th June Bishops Lodge

To book a viewing 01277 886 299 [Alice@premiumcaregroup.co.uk](mailto:Alice@premiumcaregroup.co.uk)